



the sussex beacon



www.sussexbeacon.org.uk

Spring 2004

Sussex Beacon Garden Gadabout – gardens open in aid of the Beacon –
Sussex Beacon gardens open on Sunday 18 July.

The Sussex Beacon Half Marathon 2004

The 14th Sussex Beacon Half Marathon enjoyed fabulous weather on Sunday 22 February; and with over 1740 runners on the day, we had great fun raising much needed funds for the services that The Sussex Beacon provides.

Madeira Drive on the seafront of Brighton, is the perfect venue for this major event. It brings people from all over Sussex, the UK, and even from overseas!

The tension and atmosphere grew as the start time approached. Brian Capron (aka Richard Hillman, Coronation Street) gave up his Sunday morning to fire the starting horn. The masses set off down Madeira Drive to start their 13.1 mile run, around Hove Lagoon, back to Rottingdean, finishing at Madeira Drive. Our sincere thanks to the local businesses that gave to and supported the Sussex Beacon Half Marathon. RUN in Hove; St John Ambulance, Regency and Brighton Divisions; Brighton & Hove City Council; Tables 88 at DaDu; The Argus; Brighton & Hove Buses; REALBrighton.com, Varndean School Samba Band;

Juice FM; Bunzl; Tastables; Nupik Flo; Dr Michael Austin, Dental Practitioner; First Light Gallery, and the discounts offered by Langfords Hotel, Ramada Jarvis Hotel, and The Grand Ocean Hotel. Last but not least the 150 volunteers from Arena 80AC, Phoenix AC and the Sussex Beacon who helped with marshalling, blowing up balloons, serving tea, recording results, organising 1700 baggage bags, picking up litter, registering hundreds of on the day runners. the list goes on. A marvellous team effort.



Picture courtesy of IDREALBRIGHTON.COM

Ideas for Fundraising

Printer cartridges and old mobile phones – these can be recycled for cash.

Foreign Coins – After your trips across the channel or further afield, your foreign coins that inevitably hang around, can be changed into sterling currency. We can use pre-Euro currency too! You don't even have to sort them!

Drop any of these into either of the Sussex Beacon Shops, St James's Street, Brighton or George Street, Hove.

Volunteering – Offering your time and skills on a voluntary basis saves the Sussex Beacon money, thereby allowing more of the donated funds to be used directly for client care.

We have volunteer opportunities at The Beacon, in our shops, at our events and street collections. Contact Emma Brown at The Sussex Beacon for more details.

Adventure Challenges –

Your birthday gift, might be a Tandem Parachute Jump or some other adventure challenge! Have you thought of getting sponsored and raising money for the Sussex Beacon? Give Julie a call for sponsor forms and collecting boxes.

Organising Events – Are you a good organiser? Do you, have a group of friends who would like to help you organise an event? We would love to hear from you.

- Summer BBQ
- Bucket Collections at events
- Fancy Dress parties
- Sponsored Slim, Swim, Walk, Bike Rides
- Raffles
- 'Dress Down Day' at work
- Fundraising Lunch or Coffee Morning

We can help you with boxes, bunting, balloons, posters, invites, press releases and sponsor forms.

The Sussex Beacon needs you!

THANKS IN BRIEF

- Wild Fruit Red Party for World AIDS Day: . . . **£2,435**
- St Edwards Church, Burgess Hill, donation from the congregation: **£73.50**
- Sussex Freemasons: **£2,250** to the Sussex Beacon
- Mad Cow evenings at Charles Street during October: **£500**
- The Hartington in Eastbourne hosted "Stars in Their Eyes" in aid of the Beacon: **£450**
- Legal & General, Hove organised "Dress Down Day" for the Beacon: **£1460**
- Proceeds from Brighton Oasis Christmas Party: **£224**
- Infinity Foods staff choose to support the Beacon from the shops' profits: **£440**
- Sainsbury's Eastbourne "Penny Back" scheme, donations from their customers and staff: **£314**
- Legends, regular and occasional gift from the staff and customers: **£207**
- Sevendials Restaurant – 2nd birthday donation: **£450**
- Storm Nightclub – 1st birthday donation: **£868**

EVENTS IN BRIEF

Art Exhibition "The Beacon Presents":

Sunday 9 May at 30 George Street, Brighton.

Exhibition will feature work by Romany Mark Bruce, Cathy McDougall and artwork from The Sussex Beacon.

Faure-Requiem

Saturday 15 May

St Michael & All Angels Church, Victoria Road, Brighton 7.30pm

The Purcell Singers conducted by Mark Ford
Tickets through the Dome Box Office- 01273 709709

Eurovision Party

Saturday 15 May

Duke of York Theatre, Brighton

The ultimate Eurovision party: with cabaret from Brighton's very own artistes – Jemini – a live link with Istanbul – and the chance to vote for your favourite entry. If you are a Eurovision Song Contest fan, this event is a must! Tickets available on 01273 602 503.

Garden Gadabout 2004

27 June-18 July

Enjoy the Garden experience throughout Sussex and in the Brighton and Hove area. Featuring gardens both large and small, organic allotments and culminating in the Open Day at the Sussex Beacon on Sunday 18 July. Further information, contact the Fundraising department.

Halloween at The Bulldog St James Street, Brighton

Sunday 31st October

Late licence for spooky fun!

Fundraising Benefit in aid of The Sussex Beacon.



Freemason cheque handover



Legal & General cheque handover

The changing role of residential care

Jenny Harper, Assistant Director – Residential Services, has seen this side of the Sussex Beacon's work alter greatly over the years. Where once, one of the Beacon's main roles was long term care for the dying, this role has changed as clients needs have changed: "I recall listening to some of the original nurses" says Jenny, "saying that the need for The Beacon was so great, that before the building was even finished, people were being referred for terminal care."



Now things are very different. The Beacon has ten bedrooms and the average length of stay is just nine days. However, at any one time, our occupancy rates are over 80%: "We spend a lot of time with people who are trying to come to terms with living with HIV. We support them in their adjustment to new drug therapies and managing side effects, as well as meeting their educational needs and supporting possible lifestyle changes" continues Jenny.

However, these days, drug combinations are more advanced, so that not only are people living longer, the drug treatments can be better designed around their lifestyle: "This is particularly important for people who have busy lives and may be coping with holding down a job and managing their medication. Also, for those who wish to maintain their lives without being constantly reminded of HIV. We try to give them the anti-retroviral drugs that will fit into their lives as much as possible, rather than having to unduly change their lifestyles, to fit the drugs."

Although the Beacon does have facilities for longer term client admissions, most stays are for the short to medium term: "The aim of the Residential Service is to work with the clients, so they can continue with their lives. It's

a more empowering holistic model of care."

The success of anti-retroviral drugs in prolonging people's lives has thrown up new challenges. In particular, people are getting older and finding some of the usual age-related health issues are compounded by their HIV. As Jenny explains, there are more psychological problems as well: "Some people were diagnosed many years ago and believed they were dying. They then started recovering their health. We see people who didn't expect to be around, whose friends may have died, and find themselves quite isolated now. We also see people with underlying medical or mental health conditions which are compounded by their HIV." It's often these clients, who benefit from short spells of care and support within The Sussex Beacon Residential Unit.

It's a more empowering holistic model of care.

"We've always aimed to meet the needs of our clients," comments Jenny. "Over the years we have had to adapt to do this, if we hadn't, we wouldn't be here to meet their needs."

About us

The Sussex Beacon opened its doors in 1992, in response to the growing and devastating effects of HIV and AIDS. The Sussex Beacon's initial aim was primarily to provide care, dignity and pain control for those suffering from the effects of this disease. Since those early years, our service has grown and diversified immensely.

In 1992 over half of all the people diagnosed with HIV/AIDS died. Yet in 2002, there were 113 new patients seen in Brighton, and only 4 deaths recorded.* In response to this, the service of the Beacon has steadily adapted, to provide an even stronger emphasis on long-term care. Its core residential care services are enhanced by a range of day-care and complementary therapy services.

We aim to provide a high quality of service, both to our clients and their significant others. The service is both complemented and enhanced by strong links to other agencies, providing an integrated and holistic approach to care.

As well as the Beacon's main location in Brighton, it also provides one-to-one support and complementary services to clients in the Eastbourne and Hastings.

The Beacon can offer its clients:

- 24 Hour medical and nursing care
- Facilities for up to twelve residents and ten day care clients
- Specialist Consultants in HIV/AIDS – Psychology, Palliative care and Psychiatry
- Occupational therapy
- Physiotherapy
- Day services
- A variety of complementary therapies
- Respite care
- Chaplain and spiritual service
- Dining facilities catering for special dietary needs
- Enclosed, private garden

We aim to provide a high quality of service both to our clients and their significant others.

We are funded through a variety of sources. Statutory bodies and health authorities, providing our core funding. However, it's our public fund-raising, our shops and events such as the Sussex Beacon Half Marathon and the Garden Gadabout, which help to make up the deficit in our essential funding.

* Figures: Lawson Unit.



Sussex Beacon Half Marathon courtesy of Jim Holden [The Argus](#)

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Brighton
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Email: info@sussexbeacon.org.uk
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You have more time to spend with the clients, something that you don't encounter on a hospital ward.

“ My main role is residential client care. When a client comes to the Beacon they are asked questions relating to their physical and emotional health. We ask what the client perceives their problems to be and formulate a care plan. It's all very individualised. One of the good things about the Beacon, is that you have more time to spend with the clients, something that you don't encounter on a hospital ward.

I've been here for six years now, but have had nursing experience in quite a few different areas. I have worked in Elderly care, Orthopaedics and Urology; I even served for eighteen months in the RAF. I then went on to do a Social Science degree and later moved to Brighton to commence an MA in Women's Studies. I started work at the Beacon on 1st December 1997 – World AIDS Day.

The Beacon is so important because we provide care tailored to the person, the staff are friendly and supportive, and we have good links with other agencies. The Beacon is a lovely environment in which to work.

It does concern me that HIV/AIDS has been downgraded from a terminal illness to a chronic illness. It gives the message that it is lower priority and this could lead to complacency. As a frontline worker I see that the problems are very real. ”



Linda Parker

from Nelson in Lancashire
Registered nurse and team leader at the Beacon

3 words to describe The Sussex Beacon

DIVERSITY ■ SUPPORT ■ COMMITMENT



Peter Pointing

Volunteer at the Beacon
From Shoreham by Sea

3 words to describe The Sussex Beacon

FUN ■ JOY ■ LOVED

“ I volunteer at the Beacon once a week, taking the lunches around on a Friday. I get there at 10 o'clock and load up the trolley with drinks and chocolates and the 'menu of the day'. First, I see the staff and then I go up to rooms and discuss with clients their choice for lunch, have a chat and fill up the coffees and teas. I return later with all their lunches.

I've been volunteering here for about five years and I had a friend who died of AIDS, so I thought I wanted to give something back to the community.

I think AIDS is still very much in the headlines and those with it, need a lot of care and understanding.

You're not treated as a volunteer – you're part of the whole team.

The Beacon is a joy to go to every Friday. You're not treated as a volunteer – you're part of the whole team. When friends say 'I don't know how you can do that work', I say it's lovely. I couldn't wish for anything more and would encourage anybody thinking of becoming volunteer, to do something about it. ”

AIDS will never be yesterday's news

“ I'm a sculptor and a few years ago, I decided to donate the proceeds of one my sales to the Beacon. It continued from there really. Every year, I would have a show in the Brighton Festival and I'd donate some of the proceeds. In fact, because of this I've become more involved with the fundraising side of the Beacon. This year I'm having a fundraising show (a private view) on 9 May, as part of the Festival. The reason I started to donate to the Beacon, to help in a way that I could, was because my best friend died of AIDS. And, oh God – that time was hard.

It annoys me when people talk of AIDS as yesterday's news. AIDS will never be yesterday's news, if someone close to you dies. And in Brighton and Hove it is still a very current issue. I think too many charities have it easy because they are very rich. Personally, I think you should give to a charity that needs it.

I find the Beacon an incredibly positive place. You might think it would be depressing, but it's not at all and a lot of that is down to the staff. But I also like the way it has been designed, because it makes the best of the views of the Downs below it. The architecture with all the glass, makes it very open and outward looking, rather than inward-looking as you might assume it to be. ”



Romany Mark Bruce

43, from Lisburn in Northern Ireland
Artist raising funds for the Beacon

3 words to describe The Sussex Beacon

OPEN ■ AND ■ POSITIVE





Chrissie Perez

Fundraised for the Beacon by jumping out of an aeroplane!

47, originally from Salisbury in Wiltshire

3 words to describe The Sussex Beacon

LOT ■ OF ■ LOVE

“ I knew about The Sussex Beacon because I live in Lancing, close to Brighton. I remember a group trying to raise money for the building and it being set up. When I heard on the radio The Sussex Beacon had their 10th anniversary I wanted to raise money for them. The Jump was a present given to me at Christmas, so I thought I'd raise some money as well as having fun! When I was younger I had friends who were HIV-positive. I knew the money I could raise would go to a good cause.

Ignorance and injustice? O yes, there's still a lot around. When I was trying to raise the money for the sponsorship, some people would say horrible things like 'they bring it on themselves'. I know there are still people out there with their heads in the sand, they don't want to know and they don't understand. But I did find enough people to raise £1042.37!

The Jump was a present given to me at Christmas so I thought I'd raise some money as well as having fun!

The Sussex Beacon is a wonderful place; the residents have their own space with people who really care and it's so calm and tranquil. It literally took my breath away; it was very inspiring. ”

Kazibure

Residential client at the Beacon

38 from Liratown in Uganda

3 words to describe The Sussex Beacon

LOVING ■ CARING ■ OBSERVING

“ A few weeks ago, I came over from my country of Uganda to see my gran in the UK. While I was here, I was taken ill and had to go to hospital. They discovered I had a non-infectious form of TB. But whilst I was there they did an HIV check. I discovered I was one of the victims. It was such a shock to me. I couldn't believe it. Before, I thought I was well. When I found out I was HIV+ I was so upset and depressed. My specialist advised me to go to the Beacon to come to terms with it.

The Beacon is like a mother. They care for you and love you here. The nurses are so good to me. They give me all the medical care I need and they have put me on a diet which is really good – much better than hospital food! And I have more privacy than in the hospital.

The poor people in the villages cannot afford the drugs, so we die.

I have a husband and three children in Uganda and they were so upset when they found out. They couldn't believe it. Uganda has a good reputation in Africa when it comes to AIDS because they have the drugs. But only the rich people can afford to buy them. The poor people in the villages, like me, cannot afford the drugs, so we die. I like it here, but I am worried that when I go back to Uganda I won't be able to buy these drugs that are free here. I need them so I can be with my husband and children for as long as possible. ”



Dr Duncan Churchill

Consultant in HIV/Genitourinary Medicine, Brighton and Sussex University Hospitals

NHS Trust

42, from Brighton

3 words to describe The Sussex Beacon

PEACEFUL ■ COMFORTABLE

■ GOOD FOOD

“ I'm one of two consultants who does a ward round at the Sussex Beacon. I go up once a week and sit down with the doctors and nursing staff and sometimes with the palliative care consultant or psychiatrist. We discuss all the patients and I will go and see any of the patients with medical problems. If they are starting treatment or if they are ill, they may have particular concerns. It's really quite variable.

We may get tests done or even just talk things through. We sometimes need to transfer people to the Elton John Unit, which is the in-patient ward for people who are acutely ill.

To the people who say that AIDS is no longer important, I'd say look at the figures. Last year, the UK had more diagnoses of HIV than ever before, even more than in the mid 80's, and that picture is being repeated in Brighton.

There is nowhere quite like the Beacon. There are a handful of similar centres, but nowhere with this type of residential care, and outside of the inner city, like the Beacon. I would absolutely state that is still important. The focus of the Beacon changed very quickly, from a centre providing mostly terminal care to becoming somewhere to support people who are living with HIV, on treatment or otherwise. They provide very valuable support for vulnerable people who might otherwise be struggling.

I also like the food, and I always eat there if I can! ”



VOLUNTEERING AT The Sussex Beacon

SITUATIONS VACANT...

The Sussex Beacon based in Brighton, is at the forefront of specialist holistic care, for men and women living with HIV and AIDS. It is seeking volunteers who will help it meet its challenging objectives over the coming five years.

RECEPTIONIST – our team of receptionists provide the first point of contact for clients, professionals and supporters, be it on the phone or in person. We currently have opportunities for three more volunteers to offer 3-4 hours on a regular weekly basis to complete our team.

CONTACT:

Emma Brown **01273 694222** Monday – Wednesdays.

Or email emma.brown@sussexbeacon.org.uk

SHOP ASSISTANTS/RELIEF MANAGERS – The Sussex Beacon has two shops, one in St James's Street, Brighton and one in George Street, Hove. We are looking for capable, personable volunteers to join the shops' enthusiastic team undertaking a variety of shop tasks. We are in particular, looking for volunteers who are confident to take on responsibility of the shop whilst the manager is away. Hours are fairly flexible, but regular shift-based commitment basis would be desirable.

CONTACT:

Emma Brown **01273 694222** Monday – Wednesdays.

Or email emma.brown@sussexbeacon.org.uk

FUNDRAISING & PR GROUP – This group is looking to develop and add to the fundraising of the Sussex Beacon. Do you support the Sussex Beacon? Are you a "doer", are you an organiser, or well connected? We would like to hear from you.

CONTACT:

Julie Hales, **01273 694222** Monday to Friday.

Or email julie.hales@sussexbeacon.org.uk

STOP PRESS – NEW OPPORTUNITY

To work with and support clients who will have a range of practical and health needs. This opportunity has arisen from a successful joint funding bid from The Sussex Beacon, Brighton Oasis Project and Phoenix House Family Centre. Training will be provided with the opportunity to work across the three specialists organisations, with their individual client group challenges. Volunteers will be based at The Sussex Beacon in Bevendean Road.

CONTACT:

Emma Brown **01273 694222** Monday – Wednesdays.

Or email emma.brown@sussexbeacon.org.uk

All voluntary posts carry full induction, training and support together with reasonable out of pocket travel expenses that can be claimed.



Wenli Jing, Chinese film star, came with UN AIDS representative from China to film the Beacon for Health Promotion TV programmes for screening in China.

Your gift to us – no matter how small – can go a long way towards the care of our clients

The Sussex Beacon is a registered charity and only partially funded by the Health Authority. We rely heavily on donations from the public and currently we need over £100,000 this year. This is likely to increase in time. If you can please help us with a donation to ensure that we can continue to care for men and women living with HIV and AIDS.

There are a number of ways you can support The Sussex Beacon:

- **A regular gift by Standing Order** – helps us establish a base of support.
- **Donation or "one-off" gifts** – If you are a UK taxpayer, please include your full name and home address, and tick the box on the form overleaf – it's that simple!
- **Gifts by Will** – After you have made bequests to your friends and family, you may like to leave the residue of your will, or a specific sum to The Sussex Beacon. All charitable bequests are wholly exempt from Inheritance Tax.
- **Volunteering** – Volunteers form an integral and essential part of our services providing support in all areas. So if you would like to volunteer, then please contact us.
- **Giving in Kind** – Donations of clothes, compact discs, videos and furniture, are always welcome at our charity shops.
- **Events** – Have fun at one of the many fundraising events, such as The Sussex Beacon Half Marathon or Garden Gadabout. Check our website for details.
www.sussexbeacon.org.uk

If you want to support The Sussex Beacon turn the page and complete the form

Building partnerships for the future

"We're aiming to make 1+1=3", says Steve Curry, Director of the Sussex Beacon, talking about the new partnership recently announced. This will see the Beacon join forces with Brighton Body Positive in order to share overhead costs, improve client services and more effectively seek funding.

Steve is adamant, however, that the two organisations are not simply becoming one organisation: "This is not a takeover," says Steve "We're still two charities. Funds raised for one charity will stay with that charity and service users shouldn't notice a difference. In fact hopefully they will see an improvement."

The partnership will see many of the 'back office' functions brought together reducing administration costs at a time of increasing pressure on both statutory and voluntary funding.

However, despite the fact both organisations will remain distinct, some changes will occur. A new body will be formed to make the partnership work. This new body will have representatives from each group on its board and will effectively be owned by its two subsidiaries.

But why have this new structure anyway? "Funding is becoming harder," remarks Steve "and this will help us punch above our weight and deliver services more effectively, whilst bringing together the two groups' resources".

"We have enjoyed getting to know the Trustees and staff at the Beacon and can only see this as a very creative step for the future" said Michael Gormley, Co-Chair of Brighton Body Positive. "The partnership offers an excellent opportunity to build on the expertise and history of the organisations."

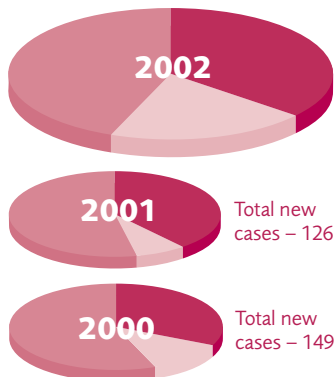
Currently, the formal structure of the partnership is still in the planning stage, with Special General Meeting being called soon to make the final decision. However, by the end of the year, both groups should be much stronger together, than they were apart. This is a key development of the Beacon's Strategy of working with other organisations to improve the range and level of opportunities that it offers services users.



Facts and Figures

NEW HIV DIAGNOSES IN EAST SUSSEX, BRIGHTON AND HOVE

Total new cases – 113
*2002 figures up to end September



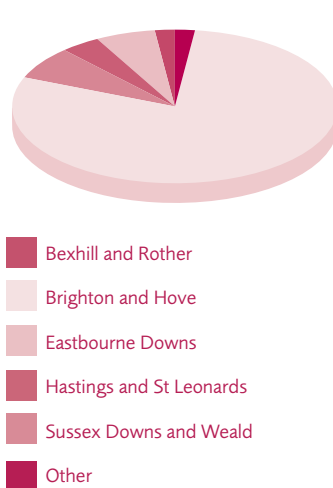
SBM = Sex between men
'Other' includes sex between men and women and intravenous drug users, however majority of cases are in the former category. Route of infection not detailed

New to area Route of infection not detailed

Source: Brighton & Hove Primary Care NHS Trust, Lawson Unit
Although the figures from 2002 initially seem to suggest a steady downward trend of HIV infection, they only show infections up to the end of September that year. If infections continued at the same rate, the figures of 2002 would equal those of 2000. The sharpest increase in infections is reflected in those people having sex with the opposite sex.

PEOPLE RECEIVING NHS HIV CARE THROUGHOUT EAST SUSSEX IN 2001

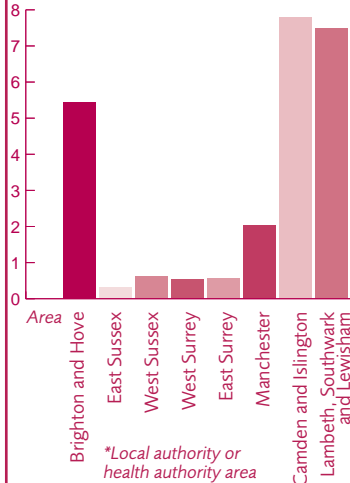
Total cases: 101
Area*:
*Primary care trust area



Source: PHLS/CDSC SOPHID survey data
Brighton and Hove remains by far the top place in East Sussex for people receiving HIV care, with four-fifths of the total. This, perhaps reflects the city's population and demographics, but also the concentration of suitable healthcare services within the city. Outside of Brighton, Eastbourne has the highest number of people receiving treatment. The Sussex Beacon is assisting with support in this area.

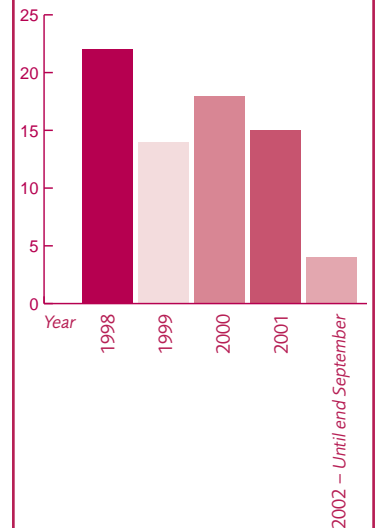
SUSSEX COMPARED WITH ELSEWHERE

HIV prevalence rate – per 1000
15 - 44 year olds



In respect of recorded new infections, Brighton and Hove has one of the highest rates in Britain.

NUMBER OF DEATHS IN BRIGHTON (RECORDED AT LAWSON UNIT)



The number of people dying from AIDS is currently decreasing, as treatments become more effective. But although lives are in general, being prolonged, yet more people are becoming infected and there is still no cure.



Yes, I would like to support The Sussex Beacon with a regular gift

Title Mr Ms Mrs other

First name

Surname

Address

Post code

Telephone

Email address

Please choose one of the following methods of payment:-

by cheque I enclose cheque (made payable to the The Sussex Beacon) for my

donation of £5 £10 £15 other £

standing order

To the Manager (your bank)

Address of bank

Post Code

Name of account holder

Account number Sort Code

Please pay

for the credit of The Sussex Beacon,

on the first day of

/ / (month /year) monthly /annually (delete as appropriate)

on the same date in each succeeding month /year (delete as appropriate)

the sum of £

Signature date / /

Thank you for sending me this newsletter but I don't really want to receive another one.

My name and/or address are wrong but I've corrected to above. Please change it on your database.

Please contact me about

Volunteering

Leaving a legacy

Information about the services of The Sussex Beacon

Information about taking part in events

I would like to organise an event, please contact me

Gift Aid Declaration

If you are making a donation and you pay Income Tax, please consider Gift Aid, as this costs you nothing, but means we can increase the value of your donation to us.

I would like The Sussex Beacon to claim tax on donations that I make from this date, having paid at least as much in UK tax.

Signature Date / /

Please inform us if your address changes, you no longer pay enough tax or if you wish to cancel this declaration at any time.

It's not just money we need!

Every year many hundreds of people help raise thousands of pounds for The Sussex Beacon. Almost all of this money goes directly towards patient care, leaving little spare for other miscellaneous items that may improve client comfort and the facilities that we offer to them. So, there really are some things our money can't buy! The wish list below sets out what we'd love to be given to us directly, from therapist's oils to a new kitchen. If you can help us out please get in touch!

<input checked="" type="checkbox"/> Clocks – wall and alarm Residential Rooms	£15-£30 each
<input checked="" type="checkbox"/> Therapist Bath Towels For Client relaxation and therapy	£20.00 each
<input checked="" type="checkbox"/> Water/rain butts x 6 Garden care, helping to provide relaxation in gardens	£30.00 each
<input checked="" type="checkbox"/> Self supporting hammocks x 3 Additional seating area for clients and families	£40.00 each
<input checked="" type="checkbox"/> Duvet/Linen pillow cases sets x 20 sets Client care	£40.00 each
<input checked="" type="checkbox"/> Training Equipment – Flip Chart Board Aid for training for staff and volunteers	£50.00
<input checked="" type="checkbox"/> Sponsor Client outing Occasional visits to local venues of interest	£50.00
<input checked="" type="checkbox"/> Aromatherapy Oils – 6 months supply For Client relaxation	£100.00
<input checked="" type="checkbox"/> Overlay Mattresses x 12 Client Care	£110.00 each
<input checked="" type="checkbox"/> Air Purifier/ Air Cleaners Residential Rooms	£200.00
<input checked="" type="checkbox"/> Ioniser Residential Rooms	£245.00
<input checked="" type="checkbox"/> Chairs – dining x 10 Client Day Service room	£300.00
<input checked="" type="checkbox"/> Ice Making machine for Residential Day Room For refreshment, and for use in medical situations	£450.00
<input checked="" type="checkbox"/> Sponsor a Therapist – £10 pr session Currently supplying 35 complimentary therapy sessions per week for residential and day care clients	£500.00
<input checked="" type="checkbox"/> Crockery – 20 sets, £30-40 each Replace breakages	£600-£800
<input checked="" type="checkbox"/> Electric four sectioned profiling beds x 2 Clients with high dependency	£1500.00 each
<input checked="" type="checkbox"/> Clinical Equipment – ECG Responding to increased cases with cardiac problems	£2-5,000
<input checked="" type="checkbox"/> Kitchen for Residential Day Room Capital	£5-6,000
<input checked="" type="checkbox"/> 'Slate' PC for residential unit Client care	£1,000.00
<input checked="" type="checkbox"/> Electronic Disabled-Access Scales Clients care	£1,000.00
<input checked="" type="checkbox"/> Bed Hoist Clients with high dependency	£1,000.00
<input checked="" type="checkbox"/> Clinical Equipment – Pulse Oximeter Responding to increased cases with cardiac problems	£2,000.00
<input checked="" type="checkbox"/> Building – sponsor a room (x10 rooms) Refurbishment of each room including sound proofing	£5,000.00
<input checked="" type="checkbox"/> Sponsor Garden Maintenance – 1yr	£6,000.00
<input checked="" type="checkbox"/> Staff Training – 20 sessions Motivational Interviewing, Structure Therapeutic work Staff Training	£10,000.00
<input checked="" type="checkbox"/> Charity Shop – refit x 2 Capital	£20,000.00
<input checked="" type="checkbox"/> More bed space – extension Capital	£500,000.00

